

# Creciendo

## 'Self esteem'



Building self-esteem and self-confidence is the key to happiness and success... but it doesn't always come naturally. Self-esteem isn't bragging about how great you are. It's more like quietly knowing that you're worth a lot (priceless, in fact!). It's not about thinking you're perfect -- because nobody is -- but knowing that you're worthy of being loved and accepted.



The Wizard of Oz, performed by our secondary school students, taught us that working on self-esteem is possible!!!

*"A heart is not judged by how much you love.  
But by how much you are loved by others."*



Through the play, our students could express their thoughts, feelings and desires in a direct and honest way. They showed their emotions, fought against shyness, laughed a lot and enjoyed every single moment...

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